

PE Curriculum Overview

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
R	Beam and running	Balance and coordination	Throwing and catching	Kicking and jumping	Recap on skills	Athletics
1	Games-throwing, catching, travelling	Games-throwing, catching, travelling	Gymnastics-introduction	Kicking and jumping (games introduction)	Striking and fielding (skills introduction)	Athletics
2	Ball games-skill focus	Ball games-game focus	Gymnastics-introduction	Mini games-invasion games	Striking and fielding (skills introduction)	Athletics
3 and 4	Invasion games and team games Swimming	Invasion games and team games Swimming	Gymnastics-agilities and movements	OAA and problem solving activities	Striking and fielding Skills and games	Athletics
4 and 5	Invasion games and team games Swimming	Invasion games and team games Swimming	Gymnastics-agilities and movements	OAA and problem solving activities	Striking and fielding Skills and games	Athletics
6	Invasion games and team games	Invasion games and team games	Gymnastics-routines	OAA and problem solving activities	Striking and fielding Skills and games	Athletics Swimming