



# ROSHERVILLE CHURCH OF ENGLAND ACADEMY

Flourishing Through Faith and Fellowship to  
Aspire, Believe and Achieve

Year/Term	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Foundation	Locomotion: Walking Play: Playing through games	Dance: Ourselves Ball Skills: Hands 1	Gymnastics: High and Low Gymnastics: Moving	Dance: Nursery Rhymes Ball Skills: Hands 2	Rackets Bats Balls and Balloons Ball Skills: Feet	Games For Understanding Dance: Growing
Year 1	Locomotion: Running Gymnastics: Wide, Narrow, Curled	Ball Skills: Hands 1 Gymnastics: Body Parts	Dance: Heroes Ball Skills: Feet	Ball Skills: Hands 2 Health and Wellbeing	Locomotion: Jumping Rackets Bats and Balls	Team Building Dance: Water
Year 2/3	Locomotion: Dodging Gymnastics: Linking	Ball Skills: Hands 1 Gymnastics: Pathways	Dance: Explorers Ball Skills: Feet	Health and Wellbeing Ball Skills: Hands 2	Locomotion: Jumping Games For Understanding	Team Building Dance: The Zoo
Year 3 Swim					Swimming	Swimming
Year 3/4	Basketball Mindfulness	OAA: Communication & Tactics Netball	Gymnastics: Symmetry & Asymmetry Dance: Weather	OAA: Problem Solving Athletics: Throwing & Jumping	Swimming Athletics: Running	Swimming Dance: Wild Animals
Year 5	Swimming OAA: Challenging Collaboration	Swimming Dodgeball	Gymnastics: Counter Balance & Counter Tension Dance: Space	Dance: Street Art Athletics	Tag Rugby Cricket	Health Related Exercise Rounders
Year 6	Swimming Game Sense Invasion	Dance: World War II Swimming	Mindfulness Gymnastics: Creating Sequences	Gymnastics: Matching & Mirroring OAA: Orienteering	Tennis Handball	Dance: Titanic Football
Year 6 Top up swim						Swimming



PROUD TO BE  
**Aletheia**  
Academies Trust